



Town of Wilmington

Board of Health
121 Glen Road
Wilmington, Massachusetts 01887

Wilmington would like to provide the Community with an update regarding the Governor's recent declaration of a State of Emergency in Massachusetts due to the Coronavirus (COVID 19) outbreak and the measures that the Town plans to implement as it relates to these concerns.

Over the last week we have been working closely in an effort to plan accordingly and be proactive in trying to ensure that our schools and whole community remain safe. It is important to note that, at the present time, there are no known or confirmed cases of the virus in Wilmington by any member of the population. This decision was discussed and made collaboratively by our Town leaders. We are hoping that these actions can slow the spread and reduce the impact of disease. We believe that it is important to start taking additional steps to help prevent a community based spread of COVID-19.

If a COVID-19 outbreak happens in our community, it could last for a long time. (An outbreak is when a large number of people suddenly get sick.) Based on several factors the Town of Wilmington has decided to cancel large community based events for the next 30 days. These events could happen at the Library, Senior Center, The Recreation Dept and at all our public schools. Essential town meetings will still be conducted at this time.

Older adults and those with health issues are our most at risk populations so we are urging those to avoid large crowds and events. Individuals who live in households with vulnerable people, like elderly parents, should also consider avoiding crowds.

We as a Town trust that you recognize that these decisions, while difficult, are thought to be prudent in these circumstances and underscore our commitment in trying to ensure the health and well-being of our whole community.

What can we do?

Continue to promote everyday preventive actions to help prevent the spread of COVID-19, which include:

- Stay home when you are sick, except to get medical care.
- Cover your coughs and sneezes with a tissue, then throw the tissue in the trash.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Clean frequently touched surfaces and objects daily.

Please follow the Wilmington Board of Health's Facebook page, The Town of Wilmington's twitter account for up to date information as well as our webpage.
www.wilmingtonma.gov/health

For additional information on COVID-19 please refer to the

Massachusetts Department of Public Health - <https://www.mass.gov/resource/information-on-the-outbreak-of-coronavirus-disease-2019-covid-19>

Centers for Disease Control and Prevention - <https://www.cdc.gov/>